

It's easy to run breaking bread... here's how!

Your Small Group Host Guide

Thank you for leading your group through this session. CAP is praying that as a group, you get an opportunity to draw closer to each other – and to experience the Bread of Life in a fresh way.

'Breaking Bread with Christians Against Poverty' is designed to adapt to the rhythms of your group. As a host, your main tasks will be to play a video and lead in prayer – interspersed with flexible & enriching discussion prompts. There will be opportunities to sense Jesus' heart for New Zealanders in need today... and for people to respond at the end of the group time.

In the days before your session...

1: Please review your physical host pack

- **Small group host guide** – the doc you're reading right now offers practical tips!
- **1x small candle** to light during session. Read safety info on the back
- **Guided reflection cards:** Have these with you. These cards are designed to be walked-through, in sequence, at your table. Each group member might take turns roud reading /facilitating the cards. Follow the prompts on when to light your candle, when to pray, break bread, and when to start the video...

Discussions will organically unfold as you walk through these guided reflections.



Essential cards are signposted with a green watercolour marking.

Some cards are labelled '**optional**'. These could be prioritised or skipped, depending on the flow of your group.

- **10 x giving cards & Freepost envelopes** – CAP's CEO, Sam Garaway, will extend an invitation to provide practical help for New Zealanders in need – enabling more people in this land to thrive! He'll mention the giving cards and envelopes –making it simple for you, as a host.

Just before your session

- **Prepare the candle**
You're welcome to use your own candle, or the small candle provided in your host pack. When lighting and using the candle, make sure it's placed away from anything flammable and on a stable, heat-resistant surface.
(Safety instructions are on the bottom of each candle CAP provides)
- **Set out your bread** (and dips if you like!)
Simplicity is great... Or add dips to make it extra tasty. Either way it will be a meaningful experience. If people have dietary needs, you could provide a simple portion of rice crackers, gluten free, sourdough etc.
- **Get video ready to play.**
Set up your space so everyone has a comfy view of the screen.

Think about creating a welcoming and comfortable space overall.

2: Prepare & practice playing the video

- Check that you can readily play the video from capnz.org/bread on your TV.
If screen-sharing (via Chromecast, Youtube etc) is not an option, you can simply use a laptop instead.

(Continued)

Session Guide

1. Welcome & Introduction

2. Light the candle

3. Scripture reading

Invite a group member to read the scripture aloud.

4. Open in prayer

Invite a group member to lead the Karakia/prayer, or pray as you feel led.

5. Break bread together

6. Watch Video

Press pause after Wai & Andre's story

7. Discussion & reflection (start with card 7) 'Mark for today'.

As you facilitate, you're wanting to keep the conversation respectful and inclusive – ensuring everyone has an opportunity to contribute.

8. Bread of Life – optional card

9. Kingdom come – optional card

10. Reflections in this land – optional card

11. A time to respond – Video viewing & closing prayer Suggested Prayer:

"Father, we are grateful for this time to draw closer and to sense where you are working ahead of us to serve local people in need. Guide us as we take steps, giving what resources we can, to enable impact in our community. As people move from going without, to having daily bread – would you bless the work of Christians Against Poverty and the local church. We pray that individuals and whānau move from money chaos to resilience, with Jesus. Amen"

12. Finally, please thank everyone for coming along and leaning-in to this session.

Close the evening with fellowship or whatever you usually would do. If guests have completed giving cards manually instead of online, be sure that guests know how to return their giving cards in the supplied sealed envelopes to CAP. (You can provide instructions for returning envelopes to CAP, see the right panel)

13. Blow Out Your Candle!

How to give

How do group members start a monthly donation to CAP or make a one-off gift?

As you wrap-up your session, take a moment to pause, reflect, and offer a prayerful space for people to consider giving what they can to help the next New Zealander in need.

Direct your group's attention to the giving cards and envelopes. Sam will demonstrate these during the video and explain their use.

If your group members feel inspired to give on the day, they have two options:

- **Make a secure gift online.**
- **Fill out the giving card, seal it in the freepost envelope provided, and mail it.**

If your guests prefer, you can collect all the completed giving cards in their sealed envelopes and return them yourself. Please use the Freepost envelopes provided or combine them into one pack and send to:

Attn: Supporter Engagement
Christians Against Poverty
PO Box 12041
Penrose, Auckland 1642

Note: All donations over \$5 are tax-deductible.

Thank you for your dedication and for creating a space where your friends and whānau can come together to make a difference for New Zealanders in need. Your efforts are deeply appreciated!