



## Need or want

When it comes to deciding to spend money it can help us make decisions if we can understand if something is a 'need' or a 'want'.

See if you can identify some of your needs and wants below.

### A need is...

something we must have in order to live, like shelter and food to eat.

### A want is...

something we might like to have, but we don't have to have it right now and we could survive without it.



### Needs




### Wants


When we look at our needs and wants, it can help a lot of people feel more content by being positive about the things that they do have, rather than focusing on what they don't. It's all about changing your perspective!



Spend some time on the activity below to see if you can identify anything that would help you to view your finances from a better perspective.

### What good things in life are you thankful for?
